



SCHOOLS PARENT TALK ON VIOLENCE AGAINST WOMEN AND GIRLS AND YOUTH RELATIONSHIPS

This talk is designed to both engage and educate parents on the topic of youth relationships and the detrimental effects that the porn industry can have on the lives of young people in today's society.

It's vitally important to engage parents and acknowledge that they have a critical part to play in tackling Violence Against Women and Girls and changing the way we socialise and bring up our children.

Statistics on Youth:

- Ofsted's Review of sexual abuse in schools and colleges revealed how prevalent sexual harassment and online sexual abuse is for children and young people.
- 67% of girls and young women aged 13-18 surveyed have experienced sexual harassment at school from another student, and that 29% first experienced sexual harassment when they were just 11-13 years old
- It's estimated that around a third of child sexual abuse is by other children and young people.
- Research with 2,275 young people aged 11-17 about their experiences of sexual abuse suggests around 1 in 20 children in the UK have been sexually abused.
- The average age of a child being exposed to pornography is 11 years old. This number is likely to be closer to 8 and is often as young as 6.

About Action Breaks Silence:

Action Breaks Silence is an educational charity, established to create a world free from the fear of Violence Against Women and Girls (VAWG) and the threat of such violence. To achieve this, a multi-pronged approach is adopted and actioned through the delivery of the Action Breaks Silence Community Intervention in schools' settings.

Our Founder and CEO, Debi Steven has worked alongside an international community of activists, academics and youth to design the Community Intervention aimed at profoundly changing the narrative on VAWG. A "Whole Schools Approach" (developed by AVA) is used to engage, educate, and empower "all members of the school's community, including school governors, senior management, staff, students and parents" to end VAWG in schools and the surrounding communities.

The Action Breaks Silence Community Intervention which tackles sexual harassment and sexual violence also includes strategies to address gender equality and unhealthy masculinity that underpin this behaviour. The design and delivery of the intervention is guided by the Social Norms and Active Bystander Theories.

Action Breaks Silence was registered as a charity in the United Kingdom in 2014 and became a recognised NPO in South Africa in January 2017. Action Breaks Silence became a registered Indian NGO in 2021. All funds raised from this workshop will enable us to continue to deliver our community interventions, free of charge, at disadvantaged Primary Schools in London. Since 2013, Action Breaks Silence has engaged, educated and empowered over 100,000 beneficiaries in the UK, South Africa, India and the Dutch Antilles.



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The Workshop aims to:

- Enlighten and educate parents on the topic of youth relationships.
- Discuss the youth reality with regards to Violence Against Women and Girls and Unhealthy Masculinity.
- Understand what has changed for the new generation of teenagers.
- Explain the importance of focusing on empowerment.
- Acknowledge the irony of fearing for your daughters but not accepting that perpetrators are within your communities.
- Discuss the culture of silence and silent homes.
- Get parents to engage and reflect on core values and boundaries.
- Give a safe space for open and honest conversation.
- Provide a fun & thought-provoking learning experience.

Venue:

In Person at School, or Virtual Option.

About our CEO:

Founder & CEO, Debi Steven All workshops are designed by Action Breaks Silence Founder, Debi Steven. As a survivor, Debi is driven by the belief that all girls and women should live a life free from the fear of sexual violence. She holds a master's degree in Women and Child Abuse from London Metropolitan University and has worked in South Africa, India, the United Kingdom and Curacao delivering Train the Trainer workshops and teaching individuals, schools, universities and blue-chip companies. Debi won the European Diversity Award for the most Inspirational Role Model and was voted as one of the Top 100 International Trailblazers. Action Breaks Silence won the National Diversity Award for Gender in the United Kingdom.

For further information, please visit: www.actionbreakssilence.org or on Mobile: +44 (0)7747 174270

Email: info@actionbreakssilence.org



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REGISTRATION AND BOOKING FORM

Date of workshop you are booking: _____

Name of parent/adult attending: _____

Name of young person: _____

Telephone (H/mobile): _____

(W): _____

Young Person's Age: _____

Email Address: _____

Venue of workshop: _____

1. It is my responsibility to advise the instructor(s) of any physical ailment or medical condition that may require consideration during training.

2. I understand that my absence from attending the workshop will in no way entitle me to a refund.

3. I undertake to adhere to the training rules that may be applicable during the course.

Signature (parent/guardian):

Date: _____





GIFT AID DECLARATION

Boost your donation 25p of Gift Aid for every £1 you donate.

Gift aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

[] I want to Gift Aid my donation of £_____

Name of Charity: Action Breaks Silence

I confirm I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Donor's Details

Title: _____

First name or initial(s): _____

Surname: _____

Full home address: _____

Postcode: _____

Date: _____

Signature: _____

Please notify the charity if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Please return this completed form to: debi@actionbreakssilence.org

or post it to: Debi Steven, Action Breaks Silence, c/o Alex Redmond, 12 Hallmark Trading Centre, Fourth Way, Wembley HA9 0LB.