

Action Breaks Silence 16-hour Primary Schools Programme Theory of Change

SUPER
IMPACT

Women and girls are free from all forms of gender-based violence and from the threat of such violence.

OUTCOMES

Students know how to combat sexual harassment within their peer groups and how to become active bystanders when they recognise an example of GBV

Gender-based Violence is an open topic of discussion between students, staff and caregivers within the partner schools

Girls are empowered to recognise different forms of GBV and to resist.

INTERVENTIONS

Upskill community members to become trainers to deliver the ABS programmes and to ensure multiplication of knowledge

Empowerment through Self-Defence Workshop

16-hour primary school intervention:
The girls 'Empowerment through Self-Defence and Active Bystander' programme; Boys 'Hero Empathy and Active Bystander' programme and Teachers/Care-givers 'Self-Love and Self-Competence programme

Youth Ambassador Programme to encourage education, mentoring and activism within schools

Understanding Toxic Masculinity Workshop

INPUT

Students are shown how to break down gender stereotypes and understand gender equality

Students are encouraged to develop self-esteem and taught how to express their emotions in a healthy way

Schools introduce VAWG as a topic of discussion amongst staff, students and caregivers

Students are taught what it means to become an active bystander to resist end VAWG

Girls are taught resistance and empowerment self-defence

BARRIERS

Insufficient programmes/classes that discuss VAWG in primary school environments

Reluctance to engage with the topic of VAWG within communities

Low levels of empathy and difficulty in expressing a range of emotions in a healthy way

Belief systems which support gender stereotyping and gender inequality

Girls are not encouraged nor supported to resist VAWG

PROBLEM

Violence against Women and Girls and the threat of such violence, exercised through individuals, communities and institutions in both formal and informal ways, violates women and girls' human rights. It constrains their freedom, their choices and negatively impacts on their ability to achieve their dreams both personally and professionally.