

Action Breaks Silence Community Intervention Theory of Change

SUPER IMPACT

Women and girls are free from all forms of violence, and from the threat of such violence.

OUTCOMES

Girls/Women are empowered through improved self-esteem and body-positivity to take action against VAWG

Schools and the wider community implement structural changes to foster a more sensitive, compassionate and gender-equal learning and living environment, free from VAWG

Boys/Men develop positive gender equality views and empathy behaviour towards girls and women as well as expressing a wide range of respectful emotions

INTERVENTIONS

Train the Trainer: Upskill community members to become trainers to deliver the ABS programmes and to ensure multiplication of knowledge

Empowerment through Self-Defence and Understanding 'Toxic Masculinity' Workshops.
Used as fundraising workshops at schools and

16 -hour primary school intervention:
The girls 'Empowerment through Self-Defence and Active Bystander' programme; Boys 'Hero Empathy and Active Bystander' programme and Teachers/Care-givers 'Self-Love/ Self-Competence programme + Empowerment through Self-Defence Workshop

Youth Ambassador Programme Unite youth through education, mentoring activism and fundraising to end VAWG in youth relationships

INPUT

Stay abreast of latest research on VAWG including statistics, intervention trends and public policy

Develop new and sustain existing public and private partnerships

Develop positive and vibrant public image through public relations campaigns in order to support fund-raising efforts

Ensure stakeholder buy-in through community meetings and by training community members to be trainers

Contribute to anti-VAWG community through participation in networking sessions, seminars, conferences and research

BARRIERS

Lack of support from the Department of Education and Department of Social Services and other organisational structures

Patriarchal dominant social norms (values, beliefs, attitudes and behaviours)

Inadequate funding and support from both corporate and government departments

The voice of the youth is not acknowledged or respected within communities

Lack of awareness via all media platforms regarding the programmes Action Breaks Silence delivers

PROBLEM

Violence against women and girls and the threat of such violence, exercised through individuals, communities and institutions in both formal and informal ways, violates women and girls' human rights. It constrains their freedom, their choices and negatively impacts on their ability to achieve their dreams both personally and professionally.